

Danielle Kuykendall

Sports & Education

My life has been shaped by two factors that I think are most important: education and sports. I think they are valuable in helping me develop my character. I started showing interest in sports when I was eight years old. My first sports were karate and swimming at the YWCA. My mom always encouraged me to play sports. I later became involved in volleyball, track, and cheerleading. As I showed constant improvement in my playing skills, my education was enriched by the opportunities I got from playing for the school teams. My academic life has not been affected by my participation in sports activities and competitions because I have always wanted to do well in my studies and sports.

Sport and education are equally important to me and have helped me develop a high level of personal discipline. Playing sports has been a big part of my life. I learned to accommodate regular exercise and practice daily, no matter how busy my schedule was, even as a small child. During all my school years, I had the opportunity to learn from many excellent teachers. The outside programs have also been beneficial for me. Since I had been used to playing sports in my early childhood, it has never been a problem to dedicate quality time to academic classes as well. My sports activities have helped me develop a healthy mind in a healthy body. I also learned to use my time wisely to help prepare me to utilize my maximum time for my studies.

I realized at school that education is integral to my growth and development as an individual. I like almost everything I am taught in school. I have been a diligent student in honors classes throughout my entire school career and maintain a 3.5-grade point average and I am a member of the National Honors Society.

I believe I am a well-rounded person thanks to my equal interest in education and sports. I have been able to set priorities and work consistently towards my ambitions and goals because of this. Among my most valuable life lessons are the discipline and practical wisdom I acquired from sports and my desire to learn from education. I believe that the personal integrity and dignity I possess now are the outcomes of having a good education and participating in sports. My dedication to both of these has also led me to seek constant self-improvement and to strive toward the goals that I set for myself. Whatever I become in the future will depend solely on the intensity with which I approach education and sports in the days to come.